Runners: The 5k course starts and ends at the Bellefonte Middle School and proceeds through the hilly area of Parkview Heights. The course is moderately challenging.

The 10K course—runs the 5K then reverses the 5K course—resulting in 6.2 miles of challenging hills.

Walkers: Indoor and outdoor routes are available.

Water stations are available along the route and an EMT will be present.

Incorporated in 2003, the Bellefonte FaithCentre provides the local community with:

- A Clothing Voucher program for low income famlies and those facing disasters.
- A Food Bank—feeding over 850 area people a month.
- A Pet Food Bank—keeping our furry friends well nourished.
- Nutrition education and wellness programming.
- Emergency assistance for disaster and utility termination or eviction.

FaithCentre
110 W. High St.
Bellefonte, PA 16823

FAITH CENTRE

7th Annual 5K Walk/ Run of Faith 2013 10K "King of the Hills" Challenge

April 6, 2013

10:00am

Bellefonte Middle School

Race day registration: 8:30am-9:45am

Proceeds support the Bellefonte FaithCentre Food Bank and Pet Food Bank

Additional forms and information can be found at www.faithcentre.info or obtained by calling Nicole Summers 355-0880

Runners/Walkers Registration

Runner Registration Instructions

-Fill out a registration form (1 per person).
-Read and sign Waiver, Register for 5K or 10K
-Write a check payable to "FaithCentre Walk/Run" for the correct amount based on the information below:
  -Pre-registered fee—$15 for adults/$10 for youth
  -Race day registration—$20 adults/$15 for youth
-Send in registration form, waiver and check to
  FaithCentre Walk/Run
  110 W. High Street
  Bellefonte, PA 16823

Walker Registration Instructions

-Fill out a registration form (1 per person).
-Read and sign Waiver
-Send in registration form and waiver to:
  FaithCentre Walk/Run
  110 W. High Street
  Bellefonte, PA 16823
-Raise support for this cause and bring the Sponsor Form and all collected contributions on race day.
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Registration Form

Last Name _____ First Name _____

Address _____ City _____ State_____ Zip _____

Phone Number_____ Email Address _____

Age _____ Gender_____ **Running 5K** **Running 10K Challenge** **Walking** (Please circle one)

*T-Shirt Size S ___ M ___ L ___ XL ___ XXL ___ Is this your first 5K? Yes (if so, please circle)

***To guarantee your t-shirt, please mail in registration by March 31st, 2013.**

Waiver: I hereby acknowledge that participation in a Walk/Run is an inherently dangerous activity. I understand that risks include serious injury or death, from such hazards as weather conditions, falls, contact with the road, motor vehicle traffic, contact with other participants, and other potential hazards. I acknowledge that I should not enter or participate in this event unless I am medically able and properly trained.

For the sole consideration of allowing me to participate in this event, I hereby release and forever discharge FaithCentre., Inc., and the Borough of Bellefonte, their members individually and their officers, agents and employees from any and all claims, demands, rights and causes of action arising from any personal injury, property damage, or the consequences thereof, resulting from or in any way connected with my participation in this activity.

I certify that I am at least 18 years of age and that I have read and understood the above.

_____ _____
Signature of Participant (or Parent) Date

Printed Name: _____

Sponsor Form

Registrant's Name_____

Sponsor's Name and Complete Address	Pledged	Cash/Check#
Ex. Jean Walker, 123 Hilly St., Smalltown, PA 16555	$20.00	Check#201